



# JAMES HENRY TAEKWONDO CENTER APPLICATION FOR PROMOTION TEST



NAME \_\_\_\_\_ AGE \_\_\_\_\_ DATE OF BIRTH \_\_\_/\_\_\_/\_\_\_

TEST FEE \$ 35 PRESENT BELT \_\_\_\_\_ TESTING FOR \_\_\_\_\_

DATE OF EXAM: \_\_\_\_\_ Begins: \_\_\_\_\_ P.M. Ends: \_\_\_\_\_ P.M.

<u>CATEGORY</u>	<u>GRADE</u>					<u>COMMENTS</u>
BASIC TECHNIQUE:						
	A	B	C	D	F	
STANCES _____	A	B	C	D	F	
BLOCKS _____	A	B	C	D	F	
STRIKES _____	A	B	C	D	F	
KICKS _____	A	B	C	D	F	
ONE STEPS: _____	A	B	C	D	F	
FORMS:	A	B	C	D	F	
#1 _____	A	B	C	D	F	
#2 _____	A	B	C	D	F	
FREE SPARRING: _____	A	B	C	D	F	
BREAKING: _____	A	B	C	D	F	
SPIRIT / STAMINA: _____	A	B	C	D	F	
QUESTIONS: _____						

RECOMMENDATION: PASS FAIL PROBATION-RETEST (CIRCLE CHOICE)

RECOMMENDER'S NAME: \_\_\_\_\_